

PE DEPARTMENT

Philosophy

Physical Education is the formal inculcation of knowledge by practical means. It is an important element of a balanced education.

Physical Education should ensure that all pupils have an opportunity to participate on equal terms in a range of activities and should help them to develop their self-esteem through participation and achievement.



Staff/Time Allocation

Year groups Seven, Eight and Nine receive two periods of sixty minutes per week. Years Ten and Eleven receive one sixty minute lesson per week.

It has remained in a stable and very successful state for a number of years. There are regular departmental meetings held in school time. At these meetings critical analysis of departmental practice, target setting and achievement are considered.

Staff Training

Opportunities are given to staff to allow for the updating of qualifications and the expansion of their own career development. This is facilitated through department Inset and external courses.



Organisation

The Department operates a single sex policy in all year groups.

Students follow a wide, balanced curriculum which answer all government requirements. The activities followed are:

Athletics, Badminton, Basketball, Cricket, Dance, Fitness, Gymnastics, Hockey, Netball, Rugby, Rounders, Soccer, Swimming, Tennis, and Volleyball.

GCSE

Physical Education is a well-established GCSE in Years Ten and Eleven. The students produce strong work in both theoretical and practical areas of the course and gain grades of above the national average in this area. The students receive two sixty minute lessons per week in Year 10 and two sixty minute lessons per week in Year 11.

Sports Studies

Students also have the opportunity to follow the Sports Studies Course which is the equivalent to 1 GCSE. It comprises of 4 units over the course of the 2 years each worth 25%. One of the units is exam based and the other 3 units are coursework based comprising of both practical and coursework elements. Students currently receive 5 hours over the 2 week timetable

Cambridge Extended Technical Certificate in Sport

This course is the equivalent to 1 'A' Level and the students receive 9 hours of curriculum time per fortnight. The course is split into 3 core units, of which 2 are externally marked exam based with the other core unit being a Leadership in sport unit. 2 or 3 optional units are then completed to finish the course which are internally assessed units.

Extra-Curricular Activities

There is a committed and valued extra-curricular programme offered to all students within the school. The expanse of sports offered is an extension of the school curriculum.

Rewards

The Department have in operation a "colours system". This has been running since 1999 and has been well received by both staff and students.

