



PE at The Gilberd School

The Gilberd is an outstanding school with a clear vision of excellence and attainment; our PE Curriculum Area mirrors this. As a team, we value the combination of a rigorous curriculum with a passion for teaching this important subject.



Dedicated and diverse, we are a team of eight subject specialists who all teach across Key Stages 3 and 4 and across the full spectrum of ability. Within the team there is a Curriculum Leader and Second in Department. The Head of Year 11 and a Deputy Headteacher are also within the PE Curriculum Area.

The Gilberd, including the PE Department, are active within the Colchester Teacher Training Consortium. This enables our staff to assume greater responsibility in developing the skills of others, in mentoring and in meetings with colleagues beyond the school, whilst being reflective about our own practices during the process.

As a PE Department we have high expectations and aspirations for all of our students. Our aim is that every student at The Gilberd School will commit to fulfilling their potential through a broad spectrum of skills alongside knowledge and understanding of the importance of a healthy, active and balanced lifestyle. Our students will foster resilience and creativity experiencing different areas of activity through which we aim to empower students to show integrity, make wise choices, meet challenges, exhibit positive behaviours and demonstrate compassion by showing respect for others and developing interpersonal skills. We believe that positive participation in physical education will leave students with the ambition to succeed in all aspects of their school life and beyond, and ultimately facilitate lifelong participation in physical activity and sport.

We offer a wide range of sports and activities both within curriculum time and through our extra-curricular programme, which is available to all students throughout the year, on a competitive and social basis. Those wishing to compete have the opportunity to represent the school at local, regional and national events in various different activities.

We currently offer OCR GCSE PE and Cambridge National Sports Studies to students as an option for Key Stage 4. Students study GCSE's in Years 9 - 11. Whilst some students will opt to study PE in greater detail, all students at The Gilberd School have PE lessons across their timetable. As an 11-16 school, although we do not teach A level classes, we provide masterclasses and lectures to enhance students' interest and their aspirations.

Resources

- Our PE classroom has a projector, whiteboard, speakers and computer.
- The PE department has a range of equipment to cover a wide variety of sports, both indoors and out.
- The PE department has access to 3 halls, 4 multi-use outdoor areas and a large field.
- Sets of iPads and laptops are bookable via an online system.
- Dictionaries and thesauruses are in all rooms.
- A variety of text books are available in the PE classroom.

Extra-Curricular

- We run a wide variety of clubs after school and compete in the Colchester Schools Sports Partnership.
- We have competed in County and National competitions for Netball, Football, Basketball and Rugby & Athletics
- Each year we celebrate the success of our students, past and present, at our annual Sports Personality of the Year Awards evening



Organisation

- Students in Years 7 and 8 have four hours of PE each fortnight, whilst in Years 9 to 11 they have three hours of Core PE. We operate a two-week timetable.
- Core PE classes in Years 7 and 8 are set by ability however, from Year 9, students are able to choose a PE pathway. These are:
 - Competition and Performance
 - Leadership
 - Health and fitness
- Students are taught in gender classes for Core PE and mixed sex classes for GCSE PE and Sports Studies.
- Each year group is split into two populations for timetabling purposes, the ability profile of each being similar.
- There are six classes of Core PE on at any one time.
- GCSE PE and Sports Studies are split over the option blocks and we have multiple classes in each year group.



Curriculum Overview

Years 7 and 8

- Students learn and develop a range of PE Skills across the following activity domains: Invasion Games, Net Games, Field & Striking, Athletics, Gymnastic Activities and Leadership Activities alongside knowledge and understanding of the importance of a healthy, active lifestyle
- At the end of each activity block students are assessed using GCSE adapted criteria. For data entry we report teacher assessment grades that are a cumulative best fit for the physical activities each student has covered. Students attitude to learning is also reported and used a celebration tool.

Year 9,10 and 11 (Core PE)

- Students experience a specific focus throughout their PE Lessons; Competition & Performance, Leadership, Fitness & Health across the following activity domains: Invasion Games, Net Games, Field & Striking and Athletics alongside knowledge and understanding of the importance of a healthy, active lifestyle
- Students Attitude to Learning is reported.

GCSE PE

- Students who opt to take PE as a GCSE develop knowledge and understanding of the value of regular safe exercise, how the human body functions and responds to physical activity and the factors that may affect performance and a healthy active lifestyle. Alongside the theoretical elements GCSE PE promotes knowledge, skills and understanding in a wide range of practical activities.
- The GCSE PE course is based on both practical performance and on theoretical knowledge, understanding and application. Students study a range of 'traditional' practical activities that are possible to assess on the school site, for example Football, Netball, Basketball etc. Students will also have the opportunity to take part in Outdoor & Adventurous activities such as Rock Climbing, as well as having the option to be assessed in sports that they take part in outside of school (providing they are at least club level, compete regularly and that the activity appears on the OCR practical framework).
- All students are assessed, using the OCR GCSE PE marking criteria, after each practical module as well as their application of the Theoretical aspects of the course.
- At the end of Year 11 students submit their highest practical scores to the exam board to put towards their final examination mark.
- Practical and competitive performance in GCSE PE is crucial. Students must compete in regular sport (both inside and outside of school) in order to meet the GCSE PE criteria.

Cambridge National Sports Studies

- The Cambridge National in Sport Studies enables students to develop and apply knowledge of sports-related activities, with a particular focus on officiating, leadership and developing sports skills. Students explore contemporary issues in sport, different ways of being involved in the sports industry, and the impact of sport on wider society. The course is suited to all students that enjoy PE and Sport.
- Students are assessed through one end of unit written exam (25% of final grade) as well as coursework based activities and being actively involved in an activity.

Outcomes

Participation in PE at the Gilberd is outstanding, as a result we have a very high uptake of students on to our GCSE PE and Cambridge Nationals courses. We are non-selective within our option process and as such our results reflect that. We are a team that strive for excellence and improvement, working in line with National Averages and striving for outcomes.

What are we looking for?

An outstanding and passionate teacher of PE to join this thriving team, to assist in maintaining its outstanding reputation and results. We welcome team players, willing to contribute ideas to keep our teaching fresh and to commit to our ethos of supporting one another and attracting and developing the teachers of the future. Positive and solution based, you will promote creativity, diligence and excellence in your classroom.

As a school, we value oracy and accurate communication; we encourage innovation and a high standard of reflection in teaching and learning.

We look forward to meeting you!