



Colchester Royal Grammar School

Resident Trainee Teacher of Boys' Physical Education and Games

A guide for Applicants

THE DEPARTMENT

The Physical Education and Games Department consists of four full time members of staff, supported by academic colleagues who coach rugby, football and cricket.

The aim of the Department is to provide the highest quality physical education and school sport for all pupils, of all abilities. Students are very keen to come to PE and behave well; their relationships with each other and between staff and student are outstanding; students feel secure, are self-assured and confident in PE. Participation rates in lessons are excellent and students are very keen to undertake different roles (e.g. performer, coach and official) and responsibilities. Students enjoy the subject and play a full part in all that it offers. Additional and extra-curricular activities further their interest and enjoyment.

PHYSICAL EDUCATION

At KS3 the boys' PE curriculum aims to develop physical capacities and fundamental movement skills. Boys take part in a varied programme of activities including swimming, gymnastics, strength and conditioning, basketball, tennis and athletics. PE lessons for KS3 are one hour in duration and are in addition to the pupils' Games allocation of one afternoon a week. Core PE is continued at KS4 and pupils continue to participate in one Games afternoon per week.

Tuesday afternoons are allocated to Sixth Form Physical Education for Year 12 and 13 students, where they are able to continue with both representative and recreational sport. Activities include – rugby, football, basketball, badminton, netball, HRE, cricket, rounders and softball.

Rugby is the main winter sport for boys and the school runs eleven teams from Year 7 to the Sixth Form. The 1st XV's schedule includes some challenging fixtures against leading independent schools in East Anglia.

Cricket is the main summer sport where the school also competes against leading independent schools, as well as having prestigious fixtures against the MCC and The



Colchester Royal Grammar School

Gents of Essex. Each year the school takes part in the Royal Grammar Schools Cricket Festival.

The Department also provides a wide range of activities in the hope that each boy will achieve success in at least one area of the curriculum. These activities include football, volleyball, basketball and badminton in the Autumn/Spring Term. In addition to cricket we compete in athletics (at regional level) and tennis in the Summer Term.

EXTRA-CURRICULAR ACTIVITIES

The school places great importance on the involvement of pupils in extra-curricular activities. Sporting activities and practices take place at lunchtimes, after school and at weekends. Pupils are expected to train and represent the school when selected. Standards of sports teams are high, especially in rugby.

In rugby and cricket, most matches take place on Saturday mornings, with some afternoon and weekday fixtures. Rugby squads train once a week in addition to Games periods. The Department also runs a thriving inter-house competition throughout the academic year.

Trips are organised in each year to enrich the learning and the experience of students, and are extremely popular and well supported by students, parents and fellow staff. Recent trips include – St Lucia for cricket, Italy for Rugby and the USA for skiing.

ACADEMIC PHYSICAL EDUCATION

The department follows the OCR syllabus at A Level.

The PE Department provides excellent opportunities for teaching and learning, and is an exciting and extremely rewarding place to work. The Department work extremely well together and the successful applicant can be assured of receiving professional help from colleagues, and the opportunity for professional development.

BOARDING

Boarding at Colchester Royal Grammar School is for sixth form students only and are split across two houses in the heart of the school campus. With spacious and newly renovated rooms, our Year 13s enjoy a single occupancy room whilst our Year 12s share, allowing them an opportunity to develop an understanding of communal living whilst developing a mutual respect for others around them. There are approximately 30 to 35 boarders each



Colchester Royal Grammar School

year, many of whom are from Hong Kong and other countries. Colchester Royal Grammar School offers a fantastic opportunity for sixth form students to develop their independence, and is a perfect stepping stone to their next chapter in life. Boarding at CRGS is more of an extended family, with mutual respect between staff and students as the foundation of pastoral care.

ROLE

The successful candidate will be responsible to the Director of Sport and the Head of PE in day-to-day matters, and to the Deputy Head (Pastoral) and Head of Boarding. The successful candidate will also have a dedicated PE mentor to guide you through all aspects of the training.

They will be expected to:

- Be part of the boarding team and have pastoral responsibilities for the students.
- Perform boarding duties during the week and weekend on a rota.
- Have a training timetable within the PE department, starting at 50% and rising through the year.
- Fully contribute to the extra-curricular sporting provision.
- Perform other teaching duties as required, e.g. cover lessons, administrative work.
- Be enrolled onto the University of Buckingham's PGCE with QTS course.
- Fully participate and engage with the University of Buckingham PGCE course, including training days which are during school holidays. (This course is highly specific and we recommend that you look at this course via the University of Buckingham's website.)